



# Service in Satchidananda

Live to Love



Love to Serve



**Newsletter no.1**

**December 2011**

**"Always serve, serve, serve. We don't even say it is 'helping.' It's serving because we benefit by service, because he or she has given you an opportunity to express your generosity. That must be our attitude." - Sri Swami Satchidananda**

Dear Friends,

Warmest greetings of love and light! We're delighted to send you the first issue of our brand new newsletter, which we hope will keep you updated, inspired and involved in the charitable projects of SIS.

## **WHO WE ARE**

SIS = SERVICE IN SATCHIDANANDA

SAT = Truth CHID = Knowledge ANANDA = Bliss

We are an international team of volunteers working to serve people in need worldwide, where ever and when ever we are called.

SIS is a non-profit organization run by Nalanie Harilela Chellaram, honoring our Yoga master and spiritual teacher Sri Swami Satchidananda.

In his spirit all is done respecting the belief that TRUTH IS ONE – PATHS ARE MANY! We are born to serve no matter what colour, religion or belief a needy person has or comes from! The SIS team is grateful for the opportunity to be of service and to experience the joy of selfless service!

## **WHERE**

So far we have been working with individuals and groups of people in Nepal, India, Sri Lanka, Tanzania, Spain, Portugal and the US. Click here to view projects on our website.

## **100 GOOD DEEDS**

December 2014 marks the 100th birth anniversary of Sri Swami Satchidananda. We are honoring this by doing a 100 good deeds.



## HOW

Through various ways of fund-raising, collecting donations from friends, supporters, a network of Yoga teachers donating money from their classes. These funds are then distributed to schools, health clinics, orphanages, special needs institutions, prisons and individuals.

## ADMINISTRATION

Unlike many other charity organizations, SIS utilizes only 8% of its funds to cover costs of legal fees, website, media marketing, printing and bank charges. Everyone working on the SIS team donates her/his time and covers her/his own traveling expenses up till now. However, because of the immense necessity to verify the legitimacy of certain charities asking for help, we may have to look into sponsorship of travel in the near future. Funds raised then go directly to the charity concerned.

## FUTURE PLANS

- ✿ A special needs association for children in Romania will be visited and evaluated for what service we can offer. We are looking at funding a building for them.
- ✿ More drinking water filters are being installed in India.
- ✿ 12 of Sri Swami Satchidananda's different books are being printed to be given to inmates of prisons in the US.
- ✿ Gift baskets full of necessities for the upcoming Season will be given to 2 needy families, single mothers or the elderly by the SIS International Team in their respective countries. We hope to fill up the baskets with donated goods and be able to give €100 in cash to each recipient.
- ✿ Christmas in Buckingham, Virginia, members of Sri Swami Satchidananda's Ashram in Virginia, USA, always visit the poor and elderly in nearby Buckingham county for Christmas, giving baskets with clothing, gifts and food items. They dress as elves and bring a "Santa" along singing Christmas carols.

## EXCITING NEWS

The Satchidananda Foundation, Coimbatore, India has plans underway to construct a LOTUS Temple in India. It will be on a smaller scale than the one presently located at the Satchidananda Ashram, Virginia. This will be built in Chettipaylam on the land where Sri Gurudev's birthplace home is located. (See photo & text on right)

## WHAT WE NEED

- ✿ Money!!!
- ✿ Volunteers who can offer of their capacities, whether it being professional skills or muscle to go to schools, orphanages, prisons – or any project being built. For shorter or longer periods. Volunteers have to pay for their own travels.
- ✿ Materials for the above purposes, in the listed countries.

## HOW TO DONATE

If you would like to make a difference to children & women in need please donate by clicking here. From as little as 7€ per month (80€ a year) you could pay for a child's education.

*We wish you a Festive Season with much peace, harmony, and good health! May you fill your days with joy, love and laughter.  
Merry Christmas everyone!!  
Om Shanti Shanti Shanti*

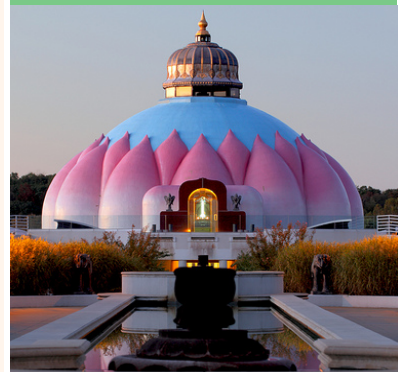
Nalanie Harilela Chellaram and the SIS-team

## HOW MUCH

Since the beginning of 2011, SIS has raised and distributed over 37,500 Euros.



## The Light Of Truth Universal Shrine



The Light Of Truth Universal Shrine (LOTUS) is a unique temple dedicated to interfaith understanding and the Light within all faiths. Individual altars represent and honor the different world religions. The vision, design and inspiration of Sri Swami Satchidananda, the LOTUS in Virginia, USA which was dedicated in 1986, now the second LOTUS Temple will be built in Sri Swami Satchidananda's birthplace in India.

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